

Diabetic Foot Ulcer Assessment

Instructor Resource

After demonstration, have students practice Diabetic Foot Ulcer care on the training tool using the following steps:

Optional: Evaluate the student's ability to complete ostomy using the following steps. May score via points or satisfactory/unsatisfactory.

1.	Knock, enter room and provide for privacy	
2.	Identify yourself with name and title (student nurse, medical assistant, nurse aide, etc)	
3.	Wash your hands with sanitizer or soap/water	
4.	Identify patient by asking name and date of birth; verify this information	
5.	Explain the procedure to the patient and ask if they have any questions	
6.	Examine the foot for areas of ulceration	
7.	When an ulcer is found, document the following: - Anatomic location - Grade of ulcer - Size (length, width and depth in centimeters) - Tracts or tunneling - Drainage - Wound bed (granulation tissue present?) - Odor - Ulcer edges and surrounding skin (redness, warmth, induration (hardness), swelling and signs of infection)	
8.	When finished with your assessment, ask your patient if they are comfortable and if they have any questions	
9.	Wash your hands with sanitizer or soap/water and exit the room	